



COUNSELING TIMELINE

Freshman Year

- Challenge yourself academically. Colleges make admissions decisions based on grades beginning in the freshman year.
- Get involved in extracurricular activities through school, church and/or the community. Find something that interests you. Depth of involvement is more important than being involved in many activities.
- Take the PSAT when it is offered on campus in October. This is an important test, so take it seriously.
- Make a list of all activities, awards, honors, volunteer hours and work experiences. This list will be a “living document” that will be added to annually. It will be invaluable when you complete applications in your senior year.
- Visit colleges with your family during summer vacation to start thinking about post secondary opportunities.