

First Baptist School
Concussion Policy
Established: November 2021

Concussion Policy

- 1) Every First Baptist School coach (head coaches, assistant coaches, paid and volunteer coaches) is required to take either the NFHS Concussion Course or complete the CDC's "Head's Up" Training every year prior to his/her first practice.
 - a) The NFHS Course can be found at www.nfhslearn.com
 - b) The CDC's Head's Up Training can be found at: www.cdc.gov/concussion/HeadsUp/Training
- 2) Each student-athlete must complete a Concussion Awareness form with his/her parents. Any questions regarding the information can be directed to the Athletics Department.
- 3) Concussion prevention: While there is an inherent risk of concussions, First Baptist School coaches will do their best to instruct students on proper athletic techniques in an effort to prevent concussions.
- 4) Player Injury Evaluation: if a player is suspected of a concussion, he or she will report to an athletic trainer or designate medical personnel for evaluation. If a concussion is suspected, the athlete will be removed from the practice or game.
- 5) If a player is diagnosed with a concussion by the athletic trainer or a designated medical professional, the player will be asked to complete the SCISA Concussion Return to Play Form to be signed and completed by a Medical Doctor (M.D.) or Doctor of Osteopathic Medicine (D.O.) before returning to athletic participation.
- 6) While First Baptist School coaches are trained on how to identify possible signs of concussions, players are responsible for reporting head injuries immediately to a coach or athletic trainer.
- 7) The South Carolina Independent School Associations' Concussion Policy, incorporated herein by reference, can be found at https://www.scisa.org/images/pdf-files/athletics/Concussion_Policy.pdf

Medical Release

- 1) The First Baptist School Athletic Trainer reserves the right to withhold or release student-athletes for participation based on medical reasons.
- 2) If an athlete suffers an injury where the athlete's participation in a game or practice has to be suspended or missed, the athlete must be evaluated and cleared by the athletic trainer in addition to any other requirements before returning.
- 3) In the event that an outside medical doctor clears a First Baptist School athlete for participation, the school and athletic trainer may still withhold a player from participation if they do not feel the student is ready to return based on injury or illness.
- 4) A First Baptist School coach or parent cannot or will not overrule a doctor in regards to a medical withdrawal or release for participation.

